

Heads Up Leicester Concerns over a young person's mental health flow



Group worker has concerns about a young person's mental health

If you have a concern about a young person's immediate safety emergency action may be needed to safeguard the young person.

Call **111** for advice on a mental health crisis.

Contact the Telephone Advisory Service for Professionals (PAS line) - **0116 2955048** 8.30am to 3.00pm weekdays

If you are concerned about the young person's safety at home and the family's ability to keep them safe, call the emergency Social Care Team:

0116 3050005 (county)

0116 4541004 (city)

01572 758407 (Rutland)

Or non-emergency Police: **101**

Record concerns in writing as soon as possible, clearly, concisely and accurately. Key information covers, what, when, how and who. Try to ascertain as much as possible from the young person but don't ask leading questions or attempt to investigate.

Group worker discusses their concerns with their line manager and or other senior colleagues as they think appropriate e.g.- co-worker, coordinator. During or straight after the group, or in the morning depending on severity of concerns.

Still have concerns

Encourage, empower/ facilitate (when necessary) young person to talk to their parent/carer about these issues. Seek an agreement to check in with any service they are already involved with: (CAMHS, social care, other mental health services), if there are no services involved, encourage a visit to the GP so they can make the most appropriate referral.

Follow up with services to ensure the young person is receiving appropriate support. Follow up with young person and the family to confirm that this is the case.

No longer have concerns

No further safeguarding action needed, although may need to make aware of support available to them. Give a copy of "resources flyer". Ensure that the young person and family know where they can access relevant services if needed.

For further information on up-to-date procedures and practice guidance please visit: <http://www.lcitylscb.org/information-for-practitioners/safeguarding-topics/mental-health/>